

PSHE/RSE Curriculum Map (2023-2024)

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Me and My Relationships	Valuing Difference Coram Life Education Visit (Friday 10 th November 2023) Anti-bullying Week (13 th -17 th November 2023) Odd Sock Day (Monday 13 th November 2023) Road Safety Week (19 th -25 th November 2023)	Keeping Safe Children's Mental Health Week (5 th -11 th February 2024) Safer Internet Day (Tuesday 7 th February 2024)	Rights and Respect Sun Awareness Week (3 rd -9 th May 2024)	Being My Best	Growing and Changing
1/2	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
British Values (Throughout the year) Weekly Mindfulness Wellbeing Morning (End of each term)						
British Values						

(Throughout the year) Weekly Mindfulness Wellbeing Morning (End of each term)		Coram Life Education Visit (Friday 10th November 2023) Anti-bullying Week (13th-17th November 2023) Odd Sock Day (Monday 13th November 2023) Road Safety Week (19th-25th November 2023)	Children's Mental Health Week (5th-11th February 2024) Safer Internet Day (Tuesday 7th February 2024)	Sun Awareness Week (3rd-9th May 2024)		
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3/4	Me and My Relationships	Valuing Difference Coram Life Education Visit (Friday 10 th November 2023) Anti-bullying Week (13 th -17 th November 2023) Odd Sock Day (Monday 13 th November 2023) Road Safety Week (19 th -25 th November 2023)	Keeping Safe Coram Life Education Visit Year 4 - Puberty (Friday 19 th January 2024) Children's Mental Health Week (5 th -11 th February 2024) Safer Internet Day (Tuesday 7 th February 2024)	Rights and Respect Sun Awareness Week (3 rd -9 th May 2024)	Being My Best	Growing and Changing
British Values (Throughout the year) Weekly Mindfulness Wellbeing Morning (End of each term)						
5/6	Me and My Relationships	Valuing Difference Coram Life Education Visit	Keeping Safe Coram Life Education Visit Year 5/6 - Puberty & Sex Education	Rights and Respect Sun Awareness Week (3 rd -9 th May 2024)	Being My Best	Growing and Changing
British Values (Throughout the year)						

Weekly Mindfulness Wellbeing Morning (End of each term)		(Friday 10th November 2023) Anti-bullying Week (13th-17th November 2023) Odd Sock Day (Monday 13th November 2023) Road Safety Week (19th-25th November 2023)	(Friday 19th January 2024) Children's Mental Health Week (5th-11th February 2024) Safer Internet Day (Tuesday 7th February 2024)			
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Special Days/Weeks

Anti-Bullying Week (13th-17th November 2023) The theme is 'Make A Noise About Bullying'.

World Kindness Week (13th-17th November 2023) The theme is "Be kind whenever possible".

Odd Sock Day (13th November 2023) This is where adults and children wear odd socks to celebrate what makes us all unique.

Road Safety Week (19th-25th November 2023) The theme is 'Safety Made Simple'

Safer Internet Day (Tuesday 7th February 2024) The theme is "Want to talk about it? Making space for conversations about life online".

Children's Mental Health Week (5th-11th February 2024) The theme is 'Let's Connect'.

Sun Awareness Week (3rd-9th May 2024) It aims to highlight the dangers of exposure to the sun.

Coram Life Education Visit for whole school (Autumn 2 - Friday 10th November 2023)

Coram Life Education Visit (Friday 19th January 2024)

Year 4 - Puberty (Friday 19th January 2024)

Year 5/6 - Puberty and Sex Education (Friday 19th January 2024)